



# senior high 5k cross-country course

@ dover city park

1 first mile		bus parking and drop-offs/pick-up
2 second mile		parking - see notes below
3 third + mile		shelterhouse
NOTABLE GRADES DOWN  UP		



# it's not a walk in the park.

Suggestion: if parking at either of the two areas listed below, it best to drop any equipment, runners, etc. near the bus parking (pool) area first.

- P<sub>1</sub>** additional parking @ dover middle school (off east 21 ST street)
- P<sub>2</sub>** additional parking by entering main entrance of dover city park. travel towards the rear of park. (off wooster avenue)